



## Counseling Services for Youth with Sexual Behavior Problems

Metropolitan Organization to Counter Sexual Assault (MOCSA)  
R2 2017-2018  
\$50,000

Metropolitan Organization to Counter Sexual Assault (MOCSA) in Kansas City, MO provided information and resources to a network of 4,000 foster parents in Kansas and Missouri. This helped caregivers and service professionals better understand sexual behavior problems in children, and increased awareness of effective treatments to reduce the likelihood of this behavior.

### Communities

Children with sexual behavior problems  
Men  
Parents/Foster Parents  
Women  
Youth/Adolescents/Young Adult

### Products

Curriculum: Resource: YSBP Program flyer  
Presentation: PPT foster care professionals  
Research: YSBPs: A Resource Guide for Foster Families  
Research: YSBPs: A Resource Guide for Professionals

Presentation: Webinar: The Etiology and Treatment of SPBs  
PSA/Promotional video: Insights from Foster Parents  
#1 – Addressing Problematic Sexual Behaviors – Understanding The Issues  
#2 – Addressing Problematic Sexual

Behaviors – A Network of Support  
#3 – Addressing Problematic Sexual Behaviors – First Reactions  
#4 – Addressing Problematic Sexual Behaviors – Making The Difference

### System:

Advocacy/rape crisis  
Fostercare  
Therapeutic/mental health

### Level:

Local



### Raise Awareness

Focus groups were recorded and four 1-minute video clips created based on the actual experiences of foster families: understanding the issue, first reactions, building a network of support, and the resiliency powered by the difference they are making. Between Facebook, Instagram, Youtube, and LinkedIn, these videos achieved 254,952 impressions and 718 clicks.



### Enhance Partnerships

Partnered with FosterAdopt Connect as well as several community-based organizations serving fostercare families.



### Measure Impact

96% of youth treated increased knowledge in making good choices about sexual behavior and 100% of caregivers in treatment via the program increased knowledge in responding to sexual behaviors of children. Additionally, focus groups of parents helped develop insights on YSBP.



### Provide Resources

The project flyer and materials reached the 4,000 fostercare families in the network. Additionally, MOCSA met their goal to treat 25 new foster children and 25 of their caregivers in the program. MOCSA developed a Youth with Sexual Behavior Problems (YSBP) Resource Guide for service providers and additional version for parents. 250 copies of each produced and given to community partners.



### Train & Educate

Set out to train 100 foster parents and staff. They expanded their initial training plan with 4 in-person trainings, 1 webinar, as well as an open-training reaching 68 individuals.

### What's next:

The lessons learned and gaps in literature are setting the course for MOCSA's work in the coming year and will provide the grounding for research-based training that is more feasible for and reflective of contemporary kids and families.

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