



Online Peer Support Group for Partners of Men Who Have Experienced Sexual Abuse or Assault

1 in 6, Inc.
R3 2018-2019
\$29,670

Online support group program: a free, anonymous, chat-based resource that allows partners of men who have experienced sexual abuse or assault to join a safe community of support using a computer or smartphone.

Communities

Adults
LGBTQ2I
Men
Survivors
Women

Products

Resource: Online support space for men replication document

System:

Therapeutic/mental health

Level:

National



Provide Resources

The project's goal is to provide a trauma-informed, culturally-competent, and accessible resource offering support, education, and community to partners of men who are survivors of sexual abuse or assault. Partners were active in asking for actionable ways to support their loved ones, assist in finding resources, and promote the healing journey.

The program consisted of 24 weekly sessions, 90-minutes in length and capped at 9 participants per session, all facilitated by a licensed clinician.



Measure Impact

Participants were surveyed during their first session regarding their self-perceived knowledge of trauma, and then surveyed again upon completion of 8 sessions regarding how much they felt the service had aided them showing a marked increase in partners' self-reported skills for supporting themselves and survivor loved ones.

Additional survey information and feedback was used to assess the efficacy of the group, which informed the replication guide.

What's next:

The partners support group is an extremely beneficial, therapeutically sound, and cost-effective model, and 1in6 anticipates a growing need for such services in the future. 1in6 will pursue support for the project and expand clinical staffing to ensure online groups trauma-informed in their conception and execution.

Contact:

Meredith Alling
Development and Communications Director
661-236-4444
meredith@1in6.org