



Athletes As Leaders

Harborview Center for Sexual Assault and Traumatic Stress
R1 2016-2017
\$50,000

Harborview Center for Sexual Assault and Traumatic Stress in Seattle, WA developed, implemented, and evaluated a girls' athletic leadership program as part of a comprehensive school-wide sexual assault prevention project. This program was piloted in a large urban high school and complemented the Coaching Boys into Men® program being offered to every boys' team.

Communities

Athletes
Bystanders
Coaches
Girls
Students
Youth/Adolescents/Young Adult

Products

Curriculum: Athletes As Leaders Curriculum
Resource: Advocate Toolkit
PSA/Promotional video: Athletes As Leaders Program Video

System:

School (K-12)
Sport

Level:

Local
State
National



Build Champions

Athletes As Leaders was implemented with 8 teams at a local high school as well as with the Girls' Basketball Team and Wrestling Team as a youth advisory board.



Learning Circles

Participated in a RALIANCE/ PreventConnect Webinar on August 22, 2017 as well as the 2017 National Sexual Assault Conference on the RALIANCE track. Additionally, there has been significant interest from dozens of communities across the country in wider implementation. A national pilot and evaluation is planned in partnership with the University of Pittsburgh.



Raise Awareness

A new website launched and included a short documentary-style video about the program that was filmed at the local high school featured in the implementation.



Provide Resources

Time and technical assistance has been offered to communities and organizations interested in implementation at the local, state, and national-level.



Train & Educate

The curriculum was originally implemented in a local high school and now has been implemented in various communities across the country.

What's next:

Athletes As Leaders learned about the significant opportunity that sports provide to promote leadership in creating a safe and supportive community for all, which includes athletes, coaches and administrators and are exploring ways to continue the movement of engaging sports in violence prevention, potentially including parents of athletes as well.

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