



### Preparing Boys to End Rape

ReThink  
R2 2017-2018  
\$49,880

ReThink in Washington, D.C. built a community of leaders to pilot an approach to work with adolescent boys to instill critical values of empathy, consent and emotional awareness. The goal is to prepare adolescent boys to reject rape myths and embrace healthy attitudes towards women.

#### Communities

AAAdults  
African American  
Boys  
Communities of color

Men  
Students  
Youth/Adolescents/  
Young Adult

#### Products

Curriculum:  
Curriculum

#### System:

School (K-12)

#### Level:

Local



#### Enhance Partnerships

Partnered with the DC Rape Crisis Center as well as local schools.



#### Build Champions

The train-the-trainer curriculum built up the skillsets needed by participants to be community leaders in this capacity.



#### Learning Circles

ReThink was featured on Inclusivus' Get Impowered Podcast: Fostering Community through Shared Stories Episode 19.



#### Provide Resources

Helped create the space for these train-the-trainer modules with local community support.



#### Measure Impact

Youth participants took pre and post surveys. Two rounds were piloted via this grant enabling the lessons learned to be incorporated into the next iteration of the program.

Community leaders also took surveys with three and six-month follow-ups.



#### Train & Educate

Community leaders were taught modules in four core theoretical areas: trauma, consent, gender norms and stereotypes, as well as empathy and emotional awareness.

The training then developed facilitation, modeling consent, and intervention skills based on these theoretical areas.

#### What's next:

ReThink created a model for training within private schools and larger institutions that can support delivering free or low-cost trainings to smaller institutions and volunteers.

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